



Patriot's 5K

Sponsored by Earthfare Knoxville-Bearden



Benefits Wounded Warriors at Wounded Warrior Battalion-East Marine Corps Base, Camp Lejeune

Date, Time and Place: Sunday, July 13, 2014 3:00 PM DST Earth Fare Knoxville in Bearden
Course Description: Out and back course on Sutherland Ave and Third Creek Bike Trail. Beginning and ending adjacent to the Earth Fare Knoxville Store in Bearden (USATF certification pending).
Registration and Fees: Paper Entry: (must be postmarked by July 7, 2014) \$30 Adults/\$15 Children<19 **Event Online Registration Available at** <http://www.runnerreg.net/search/event.aspx?id=27557> \$30 Adults/\$15 Children<19 (Online Registration Closes 3:00 PM EDT July 12 , 2014) **NO TRANSACTION FEE TO PARTICIPANT Preregistration and packet pickup** will be 4 PM to 6 PM at Fleet Feet in Turkey Creek July 10 and Runner's Market in Western Plaza July 11, 2014 and at Earth Fare Knoxville in Bearden July 12, 2014 1 PM to 6 PM. **Registration fee includes post race cookout provided by Earthfare.**

Shirts: Heavy weight cotton short sleeve. No T-Shirt Option Deduct \$2.00. Adult XXL Add \$2.00
Awards: Three Deep to top M/F overall finishers, one deep to top M/F master, grandmaster, veteran, and top M/F winner in Age Group 1-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+ (overall winners not eligible). Fastest team in each team type.

Cash Awards: \$100 to 100th finisher 4 each \$25 awards to random drawing winners

TN Grand Prix: This event is part of The Run and See Tennessee Grand Prix Series.

Information: Ron Fuller at 865-300-3473 ron.fuller@totalracesolutions.com

Please Check Mark or Complete Appropriate Entries One Form Per Participant

Last Name: _____ First Name: _____

Age: ____ DOB: ____/____/____ Gender: ____M ____F Email Address: _____

Street Address: _____ Zip Code _____

Emergency Contact: _____ Emergency Phone # _____

Adult Shirt: ____No Shirt (Deduct \$2.00) ____S ____M ____L ____XL ____XXL (\$2.00 Up Charge) Youth Shirt: ____YS ____YM

Fee: Adult ____\$30 Child <19 ____ \$15 (postmark by July 7) Adult ____\$35 Child <19 ____ \$15 (late and day of race)

No Shirt (Deduct \$2.00) Adult XXL (Add \$2.00) Extra Cook Out Ticket ____ Qty (\$5 each)

Additional Donation to Wounded Warriors at Battalion-East at Marine Corps Base, Camp Lejeune ____ Yes Amount \$ _____

Total Amount Enclosed: \$ _____ Check Payable to Soles of the City Mail to: Total Race Solutions PO Box 30667 Knoxville, TN 37930-0667

Team Name: _____ Team Type: Community ____ School ____ Church ____

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my family, my heirs, executors, and administrators, forever waive, release and discharge any and all rights and claims for damages and causes of suit or action known or unknown, that we may have against The Soles of the City Patriot's 5K, Total Race Solutions, the Run and See Tennessee Grand Prix, RunnerReg, Soles of the City Running Club, the City of Knoxville, Earth Fare Knoxville, and all other political entities, all independent contractors & construction firms working on or near the course, all event officials & volunteers, and all sponsors of the race, and related race events and their officers, directors, employees, agents & representatives, successors, and assigns, for any and all injuries that may be suffered by me in this event. I attest that I am physically fit, am aware of the dangers & precautions that must be taken when running in warm or cold conditions, and have sufficiently trained for the completion of this event. I also agree to abide by any decision of an appointed medical official relative to my ability to safely continue or complete the run. I further assume and will pay my own medical and emergency expenses in the event of an accident, illness or other incapacity regardless of whether I have authorized such expenses. Further, I hereby grant full permission to The Soles of the City Patriot's 5K, Total Race Solutions, the Run and See Tennessee Grand Prix, RunnerReg, Soles of the City Running Club, and/or agents hereby authorized by them, to use any photographs, videotapes, motion pictures, recording, or any other record of this event for any legitimate purpose at any time. By furnishing my email address, I acknowledge that I authorize The Soles of the City Patriot's 5K, Total Race Solutions, the Run and See Tennessee Grand Prix, RunnerReg, and Soles of the City Running Club to include me on mass emails concerning The Soles of the City Patriot's 5K, or any Total Race Solutions, Run and See Tennessee Grand Prix, RunnerReg or Soles of the City Running Club event. I understand that my personal data will not be shared with any other entity without my express written approval and that I may opt out of receiving these emails at any time. I further understand that there are no entry refunds, exchanges, transfers or rollovers, and that the event may be cancelled due to severe weather conditions, natural disasters, or threats to local and national security including suspected terrorist activity. I understand if I use an MP3 player, IPOD, headset, cell phone or other electronic device while participating in the event, I will do so in a reasonable manner using common sense and awareness of those around me. I agree that the laws of the state of Tennessee apply to this contract and waiver and that the only proper venue for any legal action is Knox County Tennessee. I have read this waiver carefully & understand it.

Signature: _____ (Parent/Guardian if Under 18) Date: ____/____/____